

## COMMISSION FOR TEACHER PREPARATION AND LICENSING

1020 O STREET  
SACRAMENTO 95814

(916) 445-0184



June 28, 1977

76-7747

TO: Deans and Directors of Teacher Education

FROM: Peter L. LoPresti, Executive Secretary

SUBJECT: Title 5 Regulations for the Health Education Requirement, Section 5921.1

The Commission for Teacher Preparation and Licensing adopted the Title 5 Regulations for the Health Education Unit Requirement in December 1976, and the Guidelines to accompany these Regulations in May 1977. Both are attached for your information and use. Background information on the Health Requirement is included to describe more fully the rationale behind the development and adoption of the Regulations and the Guidelines.

The Campbell-Moretti-Deukmejian Drug Abuse Act became part of the California Education Code in 1972 (Section 13132.5)\*. This Act states that the minimum requirements for the teaching credential also include satisfactory completion of a requirement in health education, including, but not limited to, physiological and sociological effects of abuse of alcohol, narcotics, and drugs, and of the use of tobacco.

Following enactment of the Campbell-Moretti-Deukmejian Drug Abuse Act, the Commission sought input from the field and first implemented the Act in April 1973. Following additional input from many sources, the Commission adopted revised Guidelines in June 1974.

The June 1974 Guidelines contained wording which was subject to the interpretation that the statutory requirement must be met by a professional education course. Since this was not the intent of the Commission, an amended policy was adopted which eliminated any reference to teaching health education and stated clearly that this unit of study was not to be required as part of the approved program of professional preparation. The credential-recommending teacher education institution was given authority to determine which courses of study were acceptable for meeting the Health Unit Requirement. Some institutions have accepted community college courses as meeting the Health Unit Requirement and some have not.

\* New No. 44261

Because misunderstandings continued and for purposes of clarification, the Commission, in the fall of 1976, directed staff to develop Title 5 Regulations to clarify the Health Education Unit Requirement. Members of the State Department of Education, college and university faculty members, public school teachers, students, P.T.A. representatives and interesting organizational representatives, provided valuable input for the development of the Regulations. The Regulations, as they were developed, accurately reflect the Commission's interpretation that Education Code Section 13132.5\*requires that all teacher credential candidates have an understanding of health education. The Commission has never believed, and does not expect, that this unit should equip teachers to teach health education.

Following a public hearing on December 2, 1976, the Commission adopted Title 5 Regulations, 5921.1 - Health Education Unit Requirement. The Regulations indicate that each teacher education institution will have the responsibility for determining whether an applicant has satisfactorily completed the required course of study. Also, the Regulations indicate that the Requirement may be satisfied after the issuance of the preliminary credential, but prior to the issuance of the clear credential. As a result of suggestions from Commissioners and other speakers at the December 2nd public hearing, the Commission voted to withhold submission of the Regulations until appropriate guidelines could be developed. The Guidelines were approved at the February Commission meeting and are based upon the Health Instruction Framework, developed by the State Department of Education.

If you have questions regarding the Regulations or the Guidelines, please contact the consultant assigned to your institution.

cc: Community Colleges

\* New No. 44261

## TITLE 5 REGULATIONS

5921.1 Health Education Unit Requirement. The health education unit requirement specified in Education Code Section 13132.5\* shall be required of each applicant for a full or clear teaching credential issued in accordance with the provisions of Section 13130\* of the Education Code. This requirement may be satisfied by a course of study of at least one semester unit or its equivalent, which may be offered as a separate course or as part of a related course of study, offered or accepted by an accredited community college, college or university. This required program of study shall not be required as part of the professional preparation defined in Section 13103\* (d) of the Education Code. The teacher education institution recommending the applicant for a full or clear credential shall certify the applicant has completed satisfactorily the required course of study.

- \* Old #13132.5, New #44261
- Old #13130, New #44259
- Old #13103, New #44203

### GUIDELINES FOR THE HEALTH UNIT REQUIREMENT

An acceptable course of study to satisfy the Health Education Requirement would provide the candidate with an understanding of the nature and scope of health education as provided in the Health Instruction Framework for California Public Schools adopted by the State Board of Education. Guidelines for such a course of study may include, but not be limited to the following:

- Encouraging appropriate utilization of the health care system;
- developing knowledge and attitudes on the use and misuse of substances, including alcohol, drugs, tobacco, and narcotics;
- acquiring skills for individual responsibility and decision making for health;
- protection and effective use of human and ecological resources;
- exploring recent developments and trends on the total life cycle from birth to death;
- development of self-awareness;
- promoting "wellness" as a life-long personal investment;
- developing effective consumers of health information, products, and services; and
- fostering nutritional and physical conditioning patterns that promote a high level of well being.